

THE RECTOR'S DESK

Dear Friends of St. Francis Church,

I pray that you and your families all are well! As a help in understanding the Church's discipline of fast and abstinence, the following summary of the requirements, both current and those in force in 1962, has been excerpted from the 2014 Liturgical Ordo published by the Priestly Fraternity of St. Peter.

Laws of Days of Abstinence: Current Law

- ◆ Begins on one's 14th birthday
- ◆ Ash Wednesday and the Fridays of Lent
- ◆ Obliges abstention from flesh meat

Laws of Days of Penance: Current Law

- ◆ Applies to all the Faithful
- ◆ Lent and Fridays outside of Lent

Laws of Days of Fast: Current Law

- ◆ Applies to everyone aged 18—59, inclusive
- ◆ One full meal permitted and two other meals may be taken which, when combined, are less than a full meal
- ◆ Ash Wednesday and Good Friday

Laws of Days of Abstinence: Discipline of 1962

- ◆ Applies on one's 7th birthday
- ◆ Complete Abstinence: All Fridays of the year, Ash Wednesday, the Vigil of Christmas, Holy Saturday
- ◆ Partial Abstinence (meat and soup or gravy made from meat permitted once a day at the principle meal): all the days of Lent, the Ember Days of Wednesday and Saturday, and Vigils of Pentecost and the Assumption

- ◆ Abstinence from meat is dispensed on Holydays of Obligation.

Laws of Fast: Discipline of 1962

- ◆ Applies for those aged 21—59, inclusive
- ◆ Days of Lent from Ash Wednesday inclusive, Ember Days, and Vigils of Christmas, Pentecost, and the Assumption.
- ◆ One full meal permitted and two other meals may be taken which, when combined, are less than a full meal.

Concerning the current discipline, Bishop Conley has published these Lenten Regulations for the Diocese of Lincoln in 2014: Ash Wednesday and Good Friday are days of fast and abstinence. All Fridays in Lent are days of abstinence. Fasting means eating only one full meal, and as many as two smaller meals, which together do not equal the full meal. No snacks or eating between meals allowed. Fasting obliges all Catholics between the ages of 18 and 59. Abstinence means eating no meat, and no soup or gravy made from meat. Abstinence obliges all Catholics aged 14 and over. Sickness, hard manual labor, pregnancy, etc., automatically excuse a person from these obligations. Nevertheless, it should be pointed out that these are **serious** obligations. In cases of doubt or question, the priest who hears a person's confession should be consulted.

May knowledge of these things help you to make a good, grace-filled Lent, and may the good God bless you and your families!

In the Love of the Holy Family, Jesus, Mary, and Joseph,

Fr. McCambridge, F.S.S.P.

FRATERNITAS SACERDOTALIS SANCTI PETRI

"Qui seminant in lacrimis, in exsultatione metent" (Ps 125, 5)



St. Francis of Assisi Church

QUINQUAGESIMA SUNDAY

MARCH 2—MARCH 8, 2014

Rev. Fr. Jared McCambridge, FSSP Rector

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LITURGICAL CALENDAR

SUNDAY, March 2, Quinquagesima Sunday

8:30 am Kaleb McNeely
10 am *Pro Populo*

MONDAY, March 3, Feria

7 am John-Henry Feuerborn

TUESDAY, March 4, St. Casimir, Confessor

7 am Nancy Feuerborn

WEDNESDAY, March 5, Ash Wednesday

7 am Bill Bergfeld
7 pm Celebrant's Intention

THURSDAY, March 6, St. Perpetua and St. Felicity

7 am Celebrant's Intention

FRIDAY, March 7, St. Thomas Aquinas

7 am Illya Azaroff

SATURDAY, March 8, St. John of God

8 am Confraternity of Christian Mothers

SUNDAY, March 9, First Sunday of Lent

8:30 am Jorge Arango
10 am *Pro Populo*

Lenten Schedule of Masses, Confession and Devotions

Regular Mass Schedule (for exceptions, see above)

Monday through Friday	7 am
Saturday	8 am
Sunday	<i>Low Mass</i> 8:30 am <i>Highb Mass</i> 10:00 am

Station of the Cross

Friday 7 pm

Confessions in Lent are heard one half hour before each mass in the Regular Mass Schedule, **and on Fridays, 7:30—8:30 pm.** Confessions will be heard at other times by a reasonable request.

The Rosary is prayed a half-hour before each Sunday Mass.

Lenten Exposition of the Blessed Sacrament:

First Fridays: (March 7, and April 4) 8 am - 6:00 pm, Benediction at 5:50 pm.

Other Fridays: 5—6 pm Holy Hour, Benediction at 5:50 pm.

First Saturday (April 5): Simple exposition for fifteen minutes following mass.

Legio Mariae (Legion of Mary)

Monday 5 pm

Altar Guild

As announced

Coffee Social: After the High Mass on Sunday

Catechism for Adults

First and third Tuesdays 7 - 8 pm

Catechism for Children

Wednesday (academic year) 7 - 8 pm

Confraternity of Christian Mothers (September-May)

After Mass on the second Saturday of the month

St. John Bosco Youth Group

Second and Fourth Tuesday of the month 7 pm

Altar Boys' Meeting

Second Saturday of the month 9 am

Choir

Wednesday 6 - 7:30 pm

ANNOUNCEMENTS AND UPCOMING EVENTS

Welcome to Newcomers and Visitors to St. Francis Church! Please join us after the 10:00 mass for our Coffee Social.

Catechism for Adults will be transferred from this Tuesday, March 4, to the following Tuesday, March 11. It will be held on March 18, according to the normal schedule.

Rosary Crusade: St. Francis Church will make a Rosary Crusade during Lent. Associates are asked to pray Rosaries during this time for Our Lady's intentions as she made them known at Fatima in 1917. Anonymous tallies should be kept of the number of Rosaries prayed, and the tallies deposited, by Easter Monday, in the container provided in the vestibule. When several pray a Rosary together, the tally should count each person's Rosary separately. Information is available in the vestibule concerning Our Lady's intentions at Fatima. Please pray, and may God bless you!

First Friday Eucharistic Adoration will be held this Friday, March 7, 2014. The sign-up sheet is posted in the vestibule; please be generous in devoting your time in adoration of Our Lord, and in reparation to His Sacred Heart!

Station of the Cross: The Stations of the Cross will be made on the Fridays of Lent at 7pm.

The Sorrowful Mother Novena (Dolorosary) will be suspended during Lent, giving place to the Stations of the Cross.

Lenten Exposition of the Most Blessed Sacrament: Please note changes to exposition times from the Fridays of Lent. There will be no exposition on Good Friday.

Lenten Confession Times Added: Confession times will include the Fridays of Lent, 7:30-8:30 pm, following Stations.

Soup Suppers: Please come and join the faithful of St. Francis Church for simple, meatless suppers of soup and bread, to be served on three of the Fridays of Lent: March 14, March 28, and April 11. The suppers will begin at 6:15pm, preceding the Stations of the Cross.

The 40 Days for Life Prayer Vigil Begins on Ash Wednesday, in front of the Planned Parenthood abortion mill, 5631 S. 48th Street (near the Northwest corner of 48th St. and Old Cheney.) The vigil runs every day through April 18, 6 am—10 pm. The faithful of St. Francis have been asked to keep the vigil on Wednesdays from 6 am—2 pm, like last year. (We are encouraged to join the vigil at any other time as well.) There is a sign-up sheet in the vestibule; please plan on assisting this prayerful vigil in defense of the unborn. May God bless you!

Fund to Support the Ostry Family: St. Francis associate, Mike Ostry, recently underwent surgery for the removal of a brain tumor. It is uncertain at the moment how much of the medical costs will ultimately fall upon the Ostrys. To assist with the Ostrys' expenses at this time, Fr. Homes, of St. Anthony Church in Bruno, has established a fund, called the "Mike Ostry Fund," at Bank of the Valley in David City (www.bankofthevalley.com, (402) 367-4334). To contribute by mail, send checks to: Bank of the Valley, 1855 N. 4th Street, David City, Nebraska 68632. Please be sure to indicate that the check is for the "Mike Ostry Fund"; these donations are kept anonymous. To donate on-line, visit the website www.gofundme.com/mike-ostry-fund. Using this means, the donor may choose to remain anonymous or to be identified. Thank you for your prayers for the family, and for your generosity!

Please Pray for the Sick: Michael Ostry, Cindy Ecoff, Shirley Bauer, Sr. Angela, O.C.D., Philip Gerard Johnson, Br. Bernard Marie, O.S.B., Ernie Sabatka, Ray Syslo.

FINANCES

Collection for Sunday, February 23:	\$2807.00
Collection counters March 2:	Sr. Stephen Larson, OSB and John Pepino
Collection counters March 9:	Doug Pfeifer and Troy Butcher

ST. FRANCIS OF ASSISI DRESS CODE

To dress becomingly for God and neighbor, and in keeping with the reverence due to the Blessed Sacrament, kindly refrain from wearing shorts, tee-shirts, tank-tops, revealing blouses, sleeveless or backless dresses, or form-fitting clothing of any sort. Please do let dresses and skirts fall below the knee. With due regard to time and circumstance, all are encouraged to wear decorous attire befitting sacred and divine worship.